



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EXPAND YOUR WORLD

Welcoming Week Activity Card

Happy Welcoming Week at the Y!

We're excited you're here to connect with neighbors, both U.S. and foreign-born, and celebrate what unites us all as a community!

Here are **nine fun and easy ways** to expand your perspective and make your community a more welcoming place for all. **How many can you accomplish this week?**

Visit www.ymca.net/welcoming-week to find helpful resources (including 'Welcome' sign templates) and share your completed activity card on social media using **#WelcomingWeek** and **#YforAll**.



Learn to say "Welcome" in five different languages.

Post a selfie on social media with an "I'm a Welcomer" sign.

Learn to cook a new dish/cuisine from another country.

Explore the Immigrant Experience Project (<https://expmag.com/immigrant-experience/>)

Read a book written by or about an immigrant's story and share a quote on social media.

Support an immigrant-owned business.

Share a story on social media about your family's heritage or immigrant story and invite others to share.

Make a donation or volunteer with a local organization that supports immigrants and refugees.

Post a group photo on social media with a "We Welcome You" sign.

For a better us.